

Daily Routine

Advanced

Long Tones

The Long Tones section consists of four staves of music in bass clef. Each staff contains three measures of music, with a whole rest in the second measure. The notes are as follows:

- Staff 1: Measure 1: G2, A2, B2; Measure 2: whole rest; Measure 3: B2, A2, G2.
- Staff 2: Measure 1: G2, A2, B2; Measure 2: whole rest; Measure 3: B2, A2, G2.
- Staff 3: Measure 1: B2, Bb2, Bb2; Measure 2: Bb2, A2, Bb2; Measure 3: A2, Bb2, (B)A2, Bb2.
- Staff 4: Measure 1: whole rest; Measure 2: G2, A2, B2; Measure 3: B2, A2, G2.

Buzzing

The Buzzing section consists of eight staves of music in bass clef, alternating between 'Play' and 'Buzz' exercises. Each staff contains two measures of music, with a whole rest in the second measure.

- Staff 1: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 2: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 3: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 4: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 5: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 6: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 7: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).
- Staff 8: Play (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest); Buzz (Measure 1: G2, A2, B2, C3, D3, E3, F3, G3; Measure 2: whole rest).

Flexibilities

The Flexibilities section consists of four staves of music in bass clef with a key signature of one flat. Each staff begins with a slur over a sequence of notes, followed by a 'Bend' marking with a dashed line. The notes are: Staff 1: G2, A2, B2, C3, D3, E3, F3, G3; Staff 2: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4; Staff 3: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5; Staff 4: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5. Each staff concludes with a final note marked with a bar line and the instruction 'continue chromatically through all fingerings'.

Tonguing

The Tonguing section consists of six staves of music in bass clef with a key signature of one flat. Each staff features a series of eighth-note runs, with slurs and 'Tonguing' markings (indicated by a vertical line with a flag) placed under specific notes to indicate articulation. The runs are: Staff 1: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4; Staff 2: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4; Staff 3: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5; Staff 4: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5; Staff 5: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5; Staff 6: G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5, D5, E5, F5, G5.

Scale Pattern



High Range Study

continue chromatically through all fingerings

Optional 2nd high range study

continue chromatically through all fingerings

Relaxation