

Daily Routine

Advanced

Long Tones

The Long Tones section consists of four staves of music in bass clef. The first staff contains three measures of music: a half note G2, a half note A2, and a whole note B2. The second staff contains three measures: a half note C3, a half note D3, and a whole note E3. The third staff contains three measures: a half note F3, a half note G3, and a whole note A3. The fourth staff contains three measures: a half note B3, a half note C4, and a whole note D4. Each measure is followed by a whole rest.

Buzzing

The Buzzing section consists of seven staves of music in bass clef. Each staff begins with a slur over a series of eighth notes, labeled 'Play', followed by a whole rest. The notes in the 'Play' sections are: Staff 1: G2, A2, B2, C3, D3, E3, F3, G3; Staff 2: G2, A2, B2, C3, D3, E3, F3, G3; Staff 3: G2, A2, B2, C3, D3, E3, F3, G3; Staff 4: G2, A2, B2, C3, D3, E3, F3, G3; Staff 5: G2, A2, B2, C3, D3, E3, F3, G3; Staff 6: G2, A2, B2, C3, D3, E3, F3, G3; Staff 7: G2, A2, B2, C3, D3, E3, F3, G3. Each staff then has a slur over a series of quarter notes, labeled 'Buzz', followed by a whole rest. The notes in the 'Buzz' sections are: Staff 1: G2, A2, B2, C3, D3, E3, F3, G3; Staff 2: G2, A2, B2, C3, D3, E3, F3, G3; Staff 3: G2, A2, B2, C3, D3, E3, F3, G3; Staff 4: G2, A2, B2, C3, D3, E3, F3, G3; Staff 5: G2, A2, B2, C3, D3, E3, F3, G3; Staff 6: G2, A2, B2, C3, D3, E3, F3, G3; Staff 7: G2, A2, B2, C3, D3, E3, F3, G3.

Flexibilities

Musical staff 1: Flexibilities exercise. A slur covers a sequence of notes. A 'Bend' instruction is placed below the staff with a dashed line and arrows indicating the direction of the bend.

continue chromatically through all positions

Musical staff 2: Flexibilities exercise. A slur covers a sequence of notes. A 'Bend' instruction is placed below the staff with a dashed line and arrows indicating the direction of the bend.

continue chromatically through all positions

Musical staff 3: Flexibilities exercise. A slur covers a sequence of notes. A 'Bend' instruction is placed below the staff with a dashed line and arrows indicating the direction of the bend.

continue chromatically through all positions

Musical staff 4: Flexibilities exercise. A slur covers a sequence of notes. A 'Bend' instruction is placed below the staff with a dashed line and arrows indicating the direction of the bend.

continue chromatically through all positions

Tonguing

Musical staff 5: Tonguing exercise. A slur covers a sequence of notes, with individual notes marked with slurs to indicate tonguing.

Musical staff 6: Tonguing exercise. A slur covers a sequence of notes, with individual notes marked with slurs to indicate tonguing.

Musical staff 7: Tonguing exercise. A slur covers a sequence of notes, with individual notes marked with slurs to indicate tonguing.

Musical staff 8: Tonguing exercise. A slur covers a sequence of notes, with individual notes marked with slurs to indicate tonguing.

Musical staff 9: Tonguing exercise. A slur covers a sequence of notes, with individual notes marked with slurs to indicate tonguing.

Musical staff 10: Tonguing exercise. A slur covers a sequence of notes, with individual notes marked with slurs to indicate tonguing.

Scale Pattern



High Range Study

A musical staff in bass clef with a slur over a chromatic scale. The scale starts on a note with a sharp sign and moves up chromatically through the high range of the instrument.

A musical staff in bass clef with a slur over a chromatic scale. The scale starts on a note with a flat sign and moves up chromatically through the high range of the instrument.

A musical staff in bass clef with a slur over a chromatic scale. The scale starts on a note with a flat sign and includes a double flat, moving up chromatically through the high range of the instrument.

A musical staff in bass clef with a slur over a chromatic scale. The scale starts on a note with a flat sign and moves up chromatically through the high range of the instrument.

A musical staff in bass clef with a slur over a chromatic scale. The scale starts on a note with a flat sign and includes a double flat, moving up chromatically through the high range of the instrument.

continue chromatically through all fingerings

Optional 2nd high range study

A musical staff in bass clef with a slur over a chromatic scale. The scale starts on a note with a sharp sign and moves up chromatically through the high range of the instrument.

continue chromatically through all positions

Relaxation

A musical staff in bass clef with a slur over a chromatic scale in the low range. The scale starts on a note with a flat sign and moves down chromatically. There are three 'Bend' markings above the staff, each with a dashed line indicating the duration of the bend.

A musical staff in bass clef with a slur over a chromatic scale in the low range. The scale starts on a note with a flat sign and moves down chromatically. There are four 'Bend' markings above the staff, each with a dashed line indicating the duration of the bend.